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Hand Sanitizer Dispensers and Associated Hospital-Acquired Infections: Friend or Fomite?

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Presented at the Thirty-first Annual Meeting of the Surgical Infection Society, Palm Beach, Florida, May 11-14, 2010. Doctor Eiref was the recipient of the Surgical Infection Society 2011 New Member Award for this work.

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ABSTRACT

Abstract

Background: Waterless alcohol-based hand sanitizers are an increasingly popular method of hand hygiene and help prevent hospital-acquired infection (HAI). Whether hand sanitizer dispensers (HSDs) may themselves harbor pathogens or act as fomites has not been reported.

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Methods: All HSDs in the surgical intensive care unit of an urban teaching hospital were cultured at three sites: The dispenser lever, the rear underside, and the area surrounding the dispensing nozzle.

Results: All HSDs yielded one or more bacterial species, including commensal skin flora and enteric gram-negative bacilli. Colonization was greatest on the lever, where there is direct hand contact.

Conclusion: Hand sanitizer dispensers can become contaminated with pathogens that cause HAI and thus are potential fomites.

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